

## **MONDAY 20<sup>th</sup> March 2023**

*Graphic copy:*

Seven Tips for Staying Safe on Social Media

#1 - Never accept a friend request from someone you don't know personally!

*Post copy:*

Tip#1: Only ever accept friend requests from people you already know in person – be wary of requests coming from people you would not expect to be connecting with you

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## **TUESDAY 21<sup>st</sup> March 2023**

*Graphic copy:*

Seven Tips for Staying Safe on Social Media

#2 - Do a Facebook Privacy Checkup on your account

*Post copy:*

It's easy to do a quick check – you can find the Privacy Checkup under the Settings & Privacy section of your profile

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## **WEDNESDAY 22<sup>nd</sup> March 2023**

*Graphic copy:*

Seven Tips for Staying Safe on Social Media

#3 - Learn more about privacy at [facebook.com/about/basics](https://facebook.com/about/basics)

*Post copy:*

Facebook has an easy-to-follow tutorial to help you control and manage your privacy settings – the Meta Privacy Centre also has great resources.

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## **THURSDAY 23<sup>rd</sup> March 2023**

*Graphic copy:*

Seven Tips for Staying Safe on Social Media

#4 - Check that anyone who contacts you or you chat with is genuine – not everyone is who they say they are.

*Post copy:*

Before you engage – check: Do I know this person? Does their profile photo match the information they have shared about themselves, and does it look genuine or staged, or potentially copied from someone else? Does the Facebook address match their name? Are there any inconsistencies on their information page or something that just doesn't make sense?

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### **FRIDAY 24<sup>th</sup> March 2023**

*Graphic copy:*

Seven Tips for Staying Safe on Social Media

#5 - Don't provide or share any personal information or passwords

*Post copy:*

A legitimate person or business will never request personal, financial or security information over social media – so if someone is asking it's unlikely to be for a legitimate reason

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### **SATURDAY 25<sup>th</sup> March 2023**

*Graphic copy:*

Seven Tips for Staying Safe on Social Media

#6 - Change your Privacy Settings so only friends can see your other friends

*Post copy:*

If only people you are connected to can see your other friends this helps to ensure that scammers can't access or connect with your friends through you.

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### **SUNDAY 26<sup>th</sup> March 2023**

*Graphic copy:*

Seven Tips for Staying Safe on Social Media

#7 - Be sceptical. Ask yourself “Why do they want to know this?” & “What could they do with that information?”

*Post copy:*

Be very wary of anyone seeking to connect or get information from you; don't engage with 'clickbait' posts or competitions. Always have a healthy sense of scepticism to your online interactions.